

Research Article



Combined Effect of *MTHFR* Genotypes, Tobacco and Occupational Exposure on Bladder Cancer Susceptibility in Algerian Population

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Accepted on: 27-10-2015; Finalized on: 30-11-2015.

ABSTRACT

The Methylenetetrahydrofolate reductase (*MTHFR*) enzyme plays a pivotal role in the folic acid metabolism, which in turn influences DNA methylation, synthesis and repair. Single nucleotide polymorphism (SNPs) in the coding sequences of the gene is associated with several diseases as well as diverse malignancies including bladder cancer. The aim of this study was to evaluate the association and interaction of the *MTHFR C677T* variant with smoking habits, occupational exposure and bladder cancer in Algeria. In this work, we have conducted a case-control study. In total, 95 bladder cancer patients and 109 non-cancer controls in North East Algeria were recruited and genotyped using the PCR-RFLP method. No significant difference for the *C677T* polymorphism was found between the bladder patients and control subjects ($p = 0.06$ for genotype and 0.33 for allele). The strongest evidence was for an interaction between *MTHFR* genotype and smoking. For smokers vs non smokers wild type genotype and all genotypes were associated with bladder cancer ($p < 0.01$) with an increased risk associated with the *MTHFR 677CC* variant. A similar result was found between *MTHFR* genotype and occupational exposure ($p < 0.01$). The analyze of combined effect of polymorphism *C677T*, smoking status and occupational exposure showed that individuals exposed and smokers especially those harboring CC alleles were associated with a significantly increased risk of bladder cancer compared with non smokers. The strongest result obtained by this study was for an additive effect between smoking status, *C677T* alleles and occupational exposures in influencing bladder cancer risk.

Keywords: bladder cancer, *MTHFR C677T* polymorphism, Tobacco, occupational exposure.

INTRODUCTION

Bladder cancer is the ninth most common cancer worldwide, and it is estimated that there were 386,300 newly diagnosed bladder cancer cases and 150,200 related deaths annually,¹ ranking it the seventh most common cancer in men and seventeenth in women worldwide.²

In Algeria, bladder cancer represents 16.8 % of all incident cancers accounting 80 new cases per 100.000 persons in 2008.³ Tobacco smoking and an occupational exposure to aromatic amines are the most important risk factors for this disease⁴⁻⁶ but other lifestyle, environmental as well as hereditary factors^{6,7} have also attracted interest, suggesting individual susceptibility to bladder carcinogenesis.

Folate and methionine metabolism play essential roles in DNA synthesis and DNA methylation, and their metabolism pathways may affect disease susceptibility.⁸⁻

¹⁰ Methylenetetrahydrofolate reductase (*MTHFR*) is the essential enzymes in the folate metabolism.¹¹

MTHFR acts enzymatically to convert 5, 10 methylenetetrahydrofolate (which acts as the methyl donor in deoxythymidine monophosphate (dTMP) synthesis) to 5-methyltetrahydrofolate, the primary methyl donor for converting homocysteine to methionine.¹² The *MTHFR* gene is located on

chromosome 1p36.3. It has been demonstrated that the *C677T* and *A1298C* are two common polymorphisms in the *MTHFR* gene that affect enzyme activity.^{13,14} *C677T* is located in exon 4¹⁵ leading to an alanine to valine conversion.¹³ The other polymorphism *A1298C* is located in exon 7 and glutamic acid change to alanine.

A number of molecular epidemiologic studies have been conducted to investigate the associations between the *MTHFR C677T* polymorphism and bladder cancer risk.¹⁶⁻²⁹ However the results remain conflicting rather than conclusive. In this report, we evaluated the hypothesis that *C677T* polymorphism may affect the risk of bladder cancer in a population based study of bladder cancer from North East Algeria and we assess the combined effect of tobacco, occupational exposures, and *MTHFR C677T* alleles on bladder cancer development. No other studies have been reported in Algeria.

MATERIALS AND METHODS

Subjects

A total of 95 patients with bladder cancer and 109 healthy controls were included in the present study. Cases were diagnosed from 2009 to 2014 from the Department of Urology at Daksi renal Clinic in Constantine. All were from North-East of Algeria, aged between 29 and 92 years and were histologically confirmed. 91, 58 % of them were men.



The control group consisted of unrelated healthy subjects without history of malignant disease who were approximately matched for gender proportion, geographic origin, age range (± 5 years), to those in the case group. Under informed consent peripheral blood samples were collected into tubes with EDTA (pH 8).

Genotyping

Genomic DNA was extracted from leukocytes using NaCl procedure. The quality of genomic DNA was controlled by electrophoresis on 1% agarose gel.

MTHFR genotyping was performed by PCR- RFLP. Briefly, primer sequences were: forward: 5'-TGAAGGAGAAGGTGTCTGCGGA-3' and reverse: 5'-AGGACGGTGCCTGAGAGTG-3'. These primers amplified 198-bp fragment with restriction site for *HinfI* if *C677T* polymorphism is present.

Polymerase chain reaction (PCR) amplification was carried out in a total volume of 50 mL containing ~100 ng of genomic DNA, 2mM dNTPs, 8 pmol of each primer, 1.5mM $MgSO_4$ and 5U Taq polymerase (Biomatik taq), and 2.5 mL of 10 x PCR buffer.

Cycling conditions were as follows: initial preheat 94 °C for 5 min, 30 cycles of 94 °C for 30 s, 65 °C for 30 s and 72 °C for 40 s, and final amplification of 72 °C for 10 min. 30 μ L of PCR product was digested with *HinfI*, and fragments separated on 3% agarose gel: 175-bp and 23-bp fragments for polymorphic T and 198-bp fragment for wild-type C allele. Both negative and positive controls were included for each reaction.

Statistical analysis

All samples were genotyped, and the allele and genotype frequencies of the patients and controls were calculated. Relative risks were estimated by calculating the odds ratios (OR) with 95% confidence intervals (CI) at the 0.05 significance level. OR were calculated using the homozygous wild-type genotype as reference using the software Epi Info (version 6.0). p-values less than 0.05 were considered statistically significant.

RESULTS

Characteristics of the study subjects

The frequency distributions of selected characteristics of the cases and the controls are presented in Table 1.

Except for sex ($p = 0.682$), there were significant differences in the frequency distributions of all selected variables between the cases and controls ($p < 0.001$).

Genotype distributions and association between the *MTHFR* polymorphism and risk of bladder cancer

Genotype and allele frequency distributions for the *MTHFR C677T* among the cases and controls and their associations with risk of bladder cancer are summarized in Table 2.

No significant difference for the *MTHFR C677T*

polymorphism was found between the bladder patients and control subjects ($p = 0.06$ for genotype and 0.33 for allele).

As shown in Table 2 the *MTHFR C677T* polymorphism was not associated with an increased risk of bladder cancer.

Association and stratification analyses between the genotypes of the *MTHFR*, smoking status and bladder cancer risk

Table 3 examines the interaction between genotype and smoking status. When the effects of smoking are examined separately within the genotypes and within the two group's smokers and non smokers, statistically, there was no evidence of interaction.

But the stratification of patients and controls according to *MTHFR* genotype and tobacco status (Table 4) has suggested that for patients who smoke all genotypes were associated with bladder cancer ($p < 0.01$) with an increased risk for *MTHFR 677CC* variant ($p < 0.001$) when compared to reference group of non-smokers with *MTHFR 677CC* genotype.

Association and stratification analyses between the genotypes of the *MTHFR*, occupational exposures and bladder cancer risk

We also examined the joint effects of genotype and occupational exposure, a well-established risk factor for bladder cancer. The reference group consisted of non occupationally exposed subjects with the wild type genotype (Table 5). We observed an increased risk for all patients exposed reached the highest value for those carrying the *MTHFR 677CC* genotype.

Finally when we analyzed the combined effect of polymorphism *C677T*, smoking status and occupational exposure we found that individuals exposed and smokers especially harboring CC alleles were associated with a significantly increased risk of bladder cancer compared with non-smokers and non-exposed individuals.

DISCUSSION

In this work, we have undertaken a case-control study to investigate the role of *MTHFR C677T* polymorphism in susceptibility to bladder cancer in Algerian population and to assess combined effect of tobacco, occupational exposures, and *C677T* alleles on bladder cancer development. Both patients and healthy controls belonged to the same ethnic background and all shared a common geographic origin in North East Algeria.

We observed that the *C677T* polymorphism had no effect on risk of bladder cancer, a finding consistent with a number of recent studies. For this polymorphism, no overall association was observed in the meta-analysis of Shi (2014)²⁹ including a total of 3463 cases and 3927 controls, nor a meta-analysis of Li (2013)²⁸ involving in 3570 bladder cancer cases and 3926 controls and meta-analysis of Xu (2013)³⁰ conducted on 3570 cases 3926 controls. Safarinejad (2011)²⁷ have also reported that



there was no significant association between *C677T* polymorphism and bladder cancer. Similar results were found in some previous studies.^{19-24,31,32} Conversely, an inverse relation between *C677T* polymorphism and bladder cancer risk was observed in others published data.^{8,18,23,25,33}

These conflicting results may be explained by the metabolic role of the MTHFR enzyme, which is involved in both DNA methylation and DNA synthesis. Because individuals carrying the variant T allele would be less efficient in converting 5,10-methylenetetrahydrofolate to 5-methyltetrahydrofolate, the resultant lower level of 5-methyltetrahydrofolate would lead to DNA hypomethylation³⁴ which can promote carcinogenesis by the derepression of proto-oncogenes or by increasing genomic instability. In this condition, the variant T allele is a risk factor.

On the other hand, lowered risks of cancer may be caused by the increased fidelity of DNA synthesis afforded by the greater availability of the MTHFR substrate 5,10-methylenetetrahydrofolate for DNA synthesis, particularly the increased availability of methyl groups for conversion of uracil to thymidine.³⁵⁻³⁷ An inadequate thymidine supply can result in increased incorporation of uracil into DNA, resulting in strand break.³⁵ In this condition the variant T allele is a protective factor.³⁵⁻⁴³

There may be a balance between the donation of methyl for DNA methylation and the supply of bases for DNA synthesis, i.e. a balance between beneficial and deleterious effects of the *MTHFR 677 T* allele.^{44,45}

The comparison of patients and controls group according to their tobacco status (Table 1) suggests that smoking was a high risk factor for bladder cancer development ($p < 0.001$). This result suggests the important role of tobacco in bladder cancer development in the Algerian population. In a meta-analysis of 43 published case-control and cohort studies⁴⁶ concluded that current cigarette smokers have an approximately threefold higher risk of bladder cancer than non-smokers. In a combined analysis of 11 case-control studies from six European countries, risk for bladder cancer increased with duration of smoking (number of years smoked) and intensity of smoking (number of cigarettes smoked per day).⁴⁷⁻⁵⁰

More than 60 carcinogens are present in tobacco smoke. Of these, 4-amino-biphenyl, acrolein, and oxygen free radicals are known to induce urothelial tumors. Arylamines, including the amino-biphenyls, are postulated to be the primary carcinogen in smoking induced bladder cancer.⁵¹

The stratification of patients and controls according to *MTHFR* genotype and tobacco status has showed that among smokers, all *C677T* genotypes were associated with an increased risk of bladder cancer especially the *MTHFR CC* polymorphism. This conclusion is in agreement with others studies' reporting that for this locus, the risk

is essentially attributed to the tobacco effect.^{17,20,31}

We propose that the C allele of *C677T* may affect MTHFR activity, slightly influencing its normal function.^{13,52,53} As individuals with the C allele(s) get older, alterations towards carcinogenesis may accumulate via the decreasing functions of MTHFR. Cigarette smoking, a well known cause of DNA damage, will release many DNA damage inducers into the urinary system and cause DNA damage to cells. Therefore, in people who have a risky genetic variant, such as the C allele of *C677T*, and who also have a smoking habit, the joint effect of these factors may synergistically increase their urothelial cancer susceptibility. A similar result was reported by Tsai (2011) when they evaluated the association of polymorphism of *MTHFR* with smoking habits and oral cancer in Taiwan.⁵⁴

The comparison of patients and controls groups according to their occupational exposures (Table 1) shows an association between bladder cancer risk and occupational exposure particularly to aromatic amines. This is in agreement with several previous studies. A review of occupational cohort studies demonstrates an increased risk of bladder cancer—independent of smoking—for individuals exposed to aromatic amines working in various industries including farming, chemical plants, rubber industry, painting and textiles⁵⁴⁻⁵⁹. The amount and duration of exposure to environmental carcinogens greatly affects risk of developing bladder cancer.⁵⁰

It is important to note that only certain aromatic amines have been demonstrated to cause bladder cancer in laboratory models. The risk of developing bladder cancer following long term exposure to 1-naphthylamine, 2-naphthylamine, benzidine, and 4-aminobiphenyl has been demonstrated in case-control studies for over 60 years.^{60,61} More recently, the International Agency for Research on Cancer (IARC) has also classified *ortho*-toluidine and chloroaniline (MOCA) as carcinogenic.⁶² MOCA and *ortho*-toluidine act as mutagens causing bladder cancer in a similar fashion to 4-aminobiphenyl by creating metabolites, which form adducts with DNA.^{59,63} IARC classified the occupational exposure to hair dyes for barbers/hairdressers as probably carcinogenic (IARC Group 2A); however, there is no clear evidence to support an association between bladder cancer and the personal use of hair dye and therefore the risk remains unclassifiable (IARC Group 3).⁶²

Our results showed that occupationally exposed patients had higher risk for bladder cancer. This result confirms the occupational exposure as a bladder cancer risk factor. Furthermore, the analysis of gene-occupational exposure interaction indicated a significant effect between occupationally exposed patients and *C677T* polymorphism.

There are few reports about relationship between *MTHFR* polymorphism and occupational exposure. Previous case-control studies reported no association with the *MTHFR 677TT* genotype and urinary arsenic metabolite.⁶⁴



However, Steinmaus (2007) reported association between *MTHFR* and arsenic metabolism.⁶⁵

The study of the combined effect of tobacco, occupational exposures and *MTHFR* genotypes in bladder cancer development (Table 6), has suggested that the inheritance of *MTHFR* C677T allele(s) was associated with an increased risk of bladder cancer in smokers exposed patients, compared to non-smokers non exposed subjects with wild-type genotypes.

The study indicates that the *MTHFR* C677T mutation is not a risk factor of bladder cancer.

However, sample size was not large enough to completely evaluate the interaction between gene_environment factors in our study. Thus, our findings support the need

for future studies of the potential interaction between genetic variation in *MTHFR* and environmental exposures among larger populations in which folate status has been characterized.

We conclude that tobacco smoking and occupational exposure interact additively and increase the risk of developing bladder cancer in north East Algeria.

Acknowledgement: Authors appreciate the kind participation of the patients and controls. We are grateful to all members of Biology and Genetics Laboratory, the Renal Clinic of Daksi for their contributions to this work.

Table 1: Frequency distributions of selected variables between the bladder cancer cases and control subjects.

| Variables | Cases (N= 95) | | Controls (N= 109) | | Pa |
|-------------------------------|---------------|-------|--------------------|-------|---------|
| | N | % | N | % | |
| Age (years) | | | | | |
| < 50 | 13 | 13.68 | 37 | 33.94 | |
| 50-69 | 51 | 53.68 | 56 | 51.38 | < 0.001 |
| ≥ 70 | 31 | 32.63 | 16 | 14.68 | |
| Sex | | | | | |
| Male | 87 | 91.58 | 98 | 89.91 | |
| Female | 8 | 8.42 | 11 | 10.09 | 0.682 |
| Smoking status | | | | | |
| smokers | 22 | 23.16 | 71 | 65.14 | |
| non smokers | 73 | 86.84 | 38 | 34.86 | < 0.001 |
| Occupational exposures | | | | | |
| HAP | 18 | 18.94 | 3 | 2.75 | |
| aromatic amines | 32 | 33.68 | 13 | 11.93 | |
| Nitrosamines | 8 | 8.42 | 7 | 6.42 | |
| Any substance | 37 | 38.95 | 86 | 78.90 | < 0.001 |

Table 2. Allelic and genotype differences for *MTHFR* C677T polymorphism for cases vs. controls comparison.

| MTHFR C677T Genotype | Cases (N= 95) | | Controls (N=101) | | OR | 95% CI | p value |
|----------------------|---------------|-----------|------------------|-----------|------|-----------|---------|
| | N | (%) | N | (%) | | | |
| CC | 46 | (48.42 %) | 49 | (43.12 %) | | | |
| CT | 42 | (44.21 %) | 40 | (38.53 %) | 1.12 | 0.59-2.11 | 0.825 |
| TT | 7 | (7.37 %) | 20 | (18.35 %) | 0.37 | 0.13-1.05 | 0.06 |
| CT or TT | 49 | (51.58%) | 60 | (56.88 %) | 0.87 | 0.48-1.57 | 0.722 |
| C allele | 134 | (70.52 %) | 138 | (62.38 %) | | | |
| T allele | 56 | (29.48 %) | 80 | (37.62%) | 0.72 | 0.47-1.12 | 0.15 |

Table 3: Odds ratios and 95% confidence intervals for C677T polymorphism and bladder cancer overall, by cigarette smoking.

| Smoking status | Genotype | Cases | Controls | OR | P value |
|----------------|----------|-------------|-------------|------------------|---------|
| Smokers | CC | 36 (37.89%) | 16 (14.68%) | - | |
| | CT | 30 (31.58%) | 15 (13.76%) | 0.89 [0.35-2.28] | 0.958 |
| | TT | 07(7.37%) | 07 (6.42%) | 0.44 [0.11-1.72] | 0.30 |
| | CT+TT | 37 (38.95%) | 22 (20.18%) | 0.75 [0.31-1.77] | 0.601 |
| Non smokers | CC | 10 (10.53%) | 33 (30.27%) | | |
| | CT | 12 (12.62%) | 25 (22.94%) | 1.58[0.53-4.77] | 0.50 |
| | TT | 00(0%) | 13 (11.93%) | 0 [0-1.57] | 0.132 |
| | CT+TT | 12(12.62%) | 38 (34.87%) | 1.04[0.36-3.02] | 0.872 |



Table 4: Association between *MTHFR* genotypes and bladder cancer risk among smokers and non-smokers patients.

| Smoking status | Genotype | Cases | Controls | OR | P value |
|----------------|----------|-------------|-------------|-------------------|---------|
| Non smokers | CC | 10 (10.53%) | 33 (30.27%) | 1.04[0.36-3.02] | 0.872 |
| | CT+TT | 12(12.62%) | 38 (34.87%) | | |
| Smokers | CC | 36 (37.89%) | 16 (14.68%) | 7.43 [2.71-20.90] | 0.00002 |
| | CT+TT | 37 (38.95%) | 22 (20.18%) | 5.55 [2.12-14.86] | 0.0001 |

Table 5: Association between, *MTHFR* genotypes and bladder cancer risk among exposed and non-exposed patients to occupational exposures.

| Occupational exposure | Genotype | Cases | Controls | OR | P value |
|-----------------------|----------|-------|----------|-------------------|-----------|
| Non exposed | CC | 17 | 40 | 0.97 [0.42-2.28] | 0.898 |
| | CT+TT | 19 | 46 | | |
| Exposed | CC | 29 | 9 | 7.58 [2.71-21.82] | 0.0000231 |
| | CT+TT | 30 | 14 | 5.04 [1.99-13.00] | 0.00028 |

Table 6: Association between *MTHFR* genotypes, tobacco status, occupational exposures and bladder cancer.

| Combined effect of tobacco and occupational exposure | Genotype | Cases | Controls | OR | P value |
|--|----------|-------|----------|---------------------|-----------|
| Non smokers Not exposed | CC | 6 | 29 | 0.83 [0.19-3.57] | 0.958 |
| | CT+TT | 5 | 29 | | |
| Smokers exposed | CC | 22 | 2 | 53.17 [8.34-447.72] | 0.0000001 |
| | CT+TT | 17 | 8 | 10.27 [2.64-42.66] | 0.000195 |

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Source of Support: Nil, Conflict of Interest: None.

