



## TRACE DETERMINATION OF AZATHIOPRINE BY DIFFERENTIAL PULSE POLAROGRAPHY

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Accepted on: 21-07-2011; Finalized on: 20-10-2011.

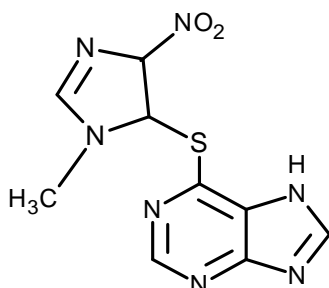
### ABSTRACT

A simple and rapid differential pulse polarographic method was developed for the trace determination of azathioprine. A well-defined polarogram with three peaks was obtained in acetate buffer (pH 5.0) with peak potentials -0.27 V, -0.73 V and -1.02 V. The current-concentration linearity was found extend up to  $5 \times 10^{-5} \text{ mol L}^{-1}$  ( $r = 0.9992$ ) with minimum detection limit of  $2.8 \times 10^{-7} \text{ mol L}^{-1}$ . The values of relative mean deviation, standard deviation and coefficient of variation were 4.3%, 1.48 and 1.23% respectively for  $1 \times 10^{-6} \text{ mol L}^{-1}$  of azathioprine indicating high degree of precision. Marketed formulations of azathioprine were analyzed by calibration curve and standard addition methods. Recovery experiments were found to be quantitative, and analysis to determine the mass per tablet was obtained within  $\pm 0.2\%$  of the expected value. The studies have shown that the method is simple, reproducible and accurate and can be used in the analysis of marketed formulations.

**Keywords:** Differential pulse polarography, Azathioprene, Pharmaceutical formulations.

### INTRODUCTION

6-[(1-methyl -4-nitro-1H -imidazol-5-yl) sulphonyl]-7H-purine is commonly known as azathioprine and has the following structure.



Azathioprine is an immune-suppressant used during renal transplantation, autoimmune disease treatment and against severe rheumatoid arthritis unresponsive to other drugs. The quantitation of azathioprine has been reported by a large number of techniques. Four simple and sensitive visible spectrophotometric methods have been described for the assay of azathioprine by Lakshmi *et al*<sup>1</sup>. The formation of blue product with Folin-ciocalteu reagent in the presence of  $\text{Na}_2\text{CO}_3$  was used to determine azathioprine in bulk and dosage forms<sup>2</sup>. Azathioprine hydrolyzed with NaOH in blood serum sample was assayed spectrofluorimetrically at 393 nm<sup>3</sup>. Other techniques used for the analysis of azathioprine are capillary zone electrophoresis<sup>4</sup>, solid phase extraction followed by liquid chromatography<sup>5</sup>, etc. The mass spectral studies of azathioprine reveal that the nitro imidazole ring is cleaved first. The C-S-C bond is so labile that the molecular ion peak is not observed by the EI technique; but is observed by FD mass technique.<sup>6</sup>

The simultaneous determination of azathioprine with its major metabolite 6-mercaptopurine in plasma has been reported. 6-thioguanine, methyl 6-mercaptopurine are the two major metabolites found in erythrocytes after administration of azathioprine which can also be determined simultaneously by HPLC.<sup>7</sup>

Azathioprine has been quantitated in biological samples as well as pharmaceutical formulations. The determination of azathioprine in plasma and erythrocytes in lung transplant patients and in red blood cells, plasma and urine of renal transplant patients has been reported by Bouliou *et al*<sup>8</sup> and Weller *et al*<sup>9</sup> respectively. The electrochemical reduction of azathioprine has been studied by Fijal'k *et al*<sup>10</sup>. Fast scan and differential pulse polarography was used over a pH range of 1.0-10.2 in different buffer and non buffer solutions. The reduction was found to be a 6 electron process proceeding in two steps. The adsorption complications were observed by a.c. polarography and the number of electrons by millicoulometry.<sup>11</sup>

### MATERIALS AND METHODS

#### Apparatus

Differential pulse polarographic studies of azathioprine were carried out with Metrohm Polarecord E-506 Serie-03 connected to the Metrohm polarography stand E-505. The electrode assembly consisted of the dropping mercury electrode as the working electrode, Ag/AgCl (sat. KCl) as reference electrode and a platinum auxiliary electrode. Nitrogen gas was used for deaeration. Mercury was purified by agitating for about 12 h in contact with 10% nitric acid, followed by thorough washing with distilled water and further distilled under reduced pressure in a mercury distillation unit.



## Reagents and solutions

All the chemicals used were of AR grade. The solutions were prepared in doubly distilled water. A pure sample of azathioprine (AZA) was obtained from RPG Life Sciences, Mumbai, India. A standard solution of azathioprine was prepared by dissolving 0.2 g of the substance in 50 mL of DMF and the volume was made up to 100 ml with DDW. The compound was insoluble in water and found to be stable for about three weeks in DMF-water mixture. However, in the present work the solution was prepared afresh every seven days. A 0.1% aqueous solution of Triton-X-100 was used to eliminate the polarographic maxima.

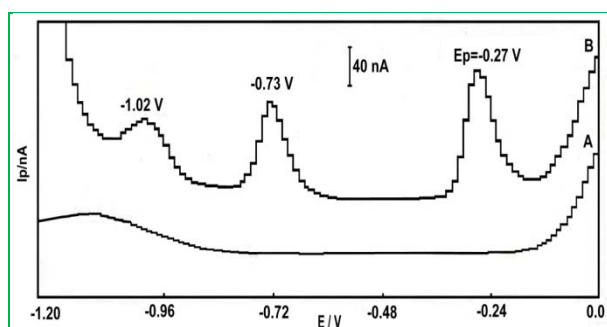
The various buffers in which the azathioprine system was studied were Britton-Robinson buffer (pH 3.0-10.0), acetate buffer (pH 4.0-6.5), borate buffer (pH 7.5-11.0), McIlvaine buffer (pH 3.5-6.5), tetramethyl ammonium iodide (TMAI) and tetraethyl ammonium bromide (TEAB).<sup>12</sup>

## General procedure

An aliquot containing 40 µg of azathioprine was taken and to it was added 15 mL of the selected buffer (Acetate buffer pH 5.0), 0.5 mL of 0.1% Triton-X-100 and the total volume of the solution was made up to 25 mL having a azathioprine concentration of  $5.77 \times 10^{-6}$  mol L<sup>-1</sup>. The solution was deaerated with nitrogen for 20 min. The polarograms were recorded with the recorder settings as given below:

Starting potential	-0.0 V
Potential range	-1.5 V
Paper speed	120 mm min <sup>-1</sup>
Pulse amplitude	100 mV
Scan rate	12 mV s <sup>-1</sup>
Drop time	1 s
Sensitivity	$4 \times 10^{-9}$ A/ mm
Mode	DPP

A typical polarogram obtained for 40 µg/25 mL ( $5.77 \times 10^{-6}$  mol.L<sup>-1</sup>) of azathioprine is shown in Figure 1. The presence of the three peaks can be attributed to the reduction of the nitro group followed by desulphurization of the compound.



**Figure 1:** Polarogram of Acetate buffer (pH 5.0) containing 0.5ml 0.1% Triton-X-100(A) and with  $5.77 \times 10^{-6}$  mol L<sup>-1</sup> AZA (B)

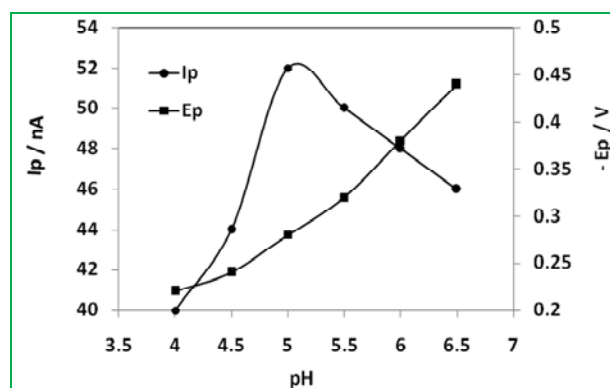
In all cases a blank recording was first performed with the base electrolyte solution, and suitable blank correction was applied in the calculations if necessary. The experiments were repeated three times to ensure reproducibility of the results.

## RESULTS AND DISCUSSION

The evaluation of the results obtained and conclusions drawn have been considered from the first peak, which is for the reduction of the nitro group.

### Effect of pH

The polarograms of azathioprine were recorded in different buffer systems. The peak potential (Ep) shifted towards more negative values with the increase in pH. In Britton-Robinson buffer from pH 3.0 to 4.5 an unsymmetrical peak was obtained after which it was symmetrical till pH 10.0. The change in Ep value for pH 3.0 to 10.0 was -0.16 to -0.52 V. In acetate buffer at pH 4.0 and 4.5 the peak was unsymmetrical after which it was symmetrical till pH 6.0. The change in the Ep value was from -0.22 to -0.38 V for pH 4.0 to 6.0. In borate buffer a symmetrical peak is observed over the entire pH range (7.5 to 11.0) with a shift in the Ep from -0.41 to -0.56 V. An unsymmetrical peak was obtained from pH 3.5 to 6.5 in McIlvaine buffer but at pH 7.0 the peak was symmetrical. The change in Ep value (pH 3.5 to 7.0) was from -0.20 to -0.32 V. In Clark-Lubs buffer the Ep value changed from -0.24 to -0.52V for pH 5.0 to 10.0. An unsymmetrical peak was observed at pH 5.0 to 6.0 and at higher pH values the peak was symmetrical. A symmetrical peak was obtained in TMAI and TEAB with Ep value of -0.51 V and -0.52 V respectively. Acetate buffer (pH 5.0) was selected because it gave a narrow symmetrical peak and further studies were carried out using this buffer solution. For acetate buffer, a plot of peak current and peak potential against pH has been shown in Figure 2.



**Figure 2:** Effect of pH on peak current and peak potential for  $2.88 \times 10^{-6}$  mol L<sup>-1</sup> ( $20 \mu\text{g}/25 \text{ ml}$ ) of azathioprin in 0.1M acetate buffer having pH 5.

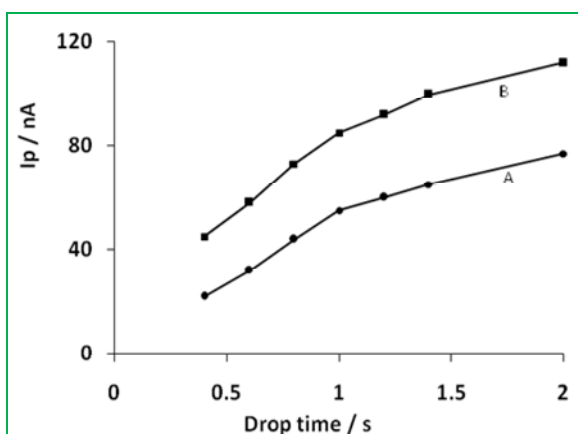
### Effect of maxima suppressor

The effect of maxima suppressor was studied using Triton-X-100, gelatin and bromophenol blue. It was observed that with 0.5 mL of 0.1% Triton-X-100, a narrow,

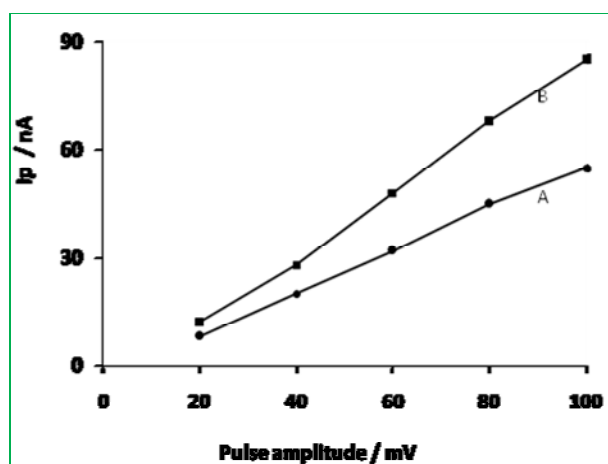
symmetrical peak was obtained and with every 0.5 mL increase in concentration of Triton-X-100 there was about 5% decrease in the diffusion current. Gelatin (0.1%, 0.5 mL) and bromophenol blue (0.1%, 0.5 mL) gave unsymmetrical peaks as well as when no maxima suppressor was added. Hence, 0.5 mL of 0.1% Triton-X-100 was selected as the optimum concentration for carrying out further studies of azathioprine.

### Other parameters

The lowest determinable limit of azathioprine was found to be  $2.8 \times 10^{-7}$  M. The diffusion current was found to increase with increase in the drop time in the range of 0.4-2.0 s. The increase was found to be almost linear upto drop time of 1.0 s. The diffusion current showed a linear increase with increase in pulse amplitude in the range of 20-100 mV. Drop time of 1 s and pulse amplitude of 100 mV were selected for further studies. Effect of drop time on peak current has been shown in Figure 3 and effect of pulse amplitude in Figure 4.



**Figure 3:** Effect of drop time on peak current for  $2.88 \times 10^{-6} \text{ mol L}^{-1}$  (A) and  $4.32 \times 10^{-6} \text{ mol L}^{-1}$  (B) AZA



**Figure 4:** Effect of pulse amplitude on peak current for  $2.88 \times 10^{-6} \text{ mol L}^{-1}$  (A) and  $4.32 \times 10^{-6} \text{ mol L}^{-1}$  (B) AZA

### Reversibility

A graph of  $E$  versus  $\log(I/I_d - I)$  from a DC polarogram showed that it was a diffusion controlled process. A series

of DC polarograms were recorded at varying concentrations and  $E_{1/4} - E_{3/4}$  was calculated which was found to be greater than 56 mV. The value of slope calculated from the graph of  $E$  versus  $\log(I/I_d - I)$  was greater than 59.2 mV. The graph of  $I_p$  versus  $v^{1/2}$  ( $v$  = scan rate) did not pass through the origin, and the value of  $E_p$  also showed a change with a change in drop time. This implied that the reaction taking place was irreversible.<sup>13,14</sup>

A calibration plot was obtained by taking increasing concentrations of azathioprine. A linear increase was observed with increasing concentration of AZA and a straight line was obtained passing through the origin. The current-concentration relation was found to be linear in the concentration range of  $5 \times 10^{-5}$  to  $5 \times 10^{-7} \text{ mol L}^{-1}$  of AZA. The coefficient of correlation was calculated to be  $r = 0.9991$  in this concentration range. The regression equation established in this range is  $Y_{(nA)} = 20.7 X_{(\mu M)} - 3.0$ .

Since the  $E_p$  value obtained was in the range of 0.0 to -1.3 V, it could be concluded that it is the nitro ( $-\text{NO}_2$ ) group that undergoes reduction during the potential scan.<sup>15</sup>

### Application

The utility of the method developed was analyzed by its application to the determination of azathioprine in two marketed formulations, namely Azoran and Imuran. Twenty tablets of the drug samples were weighed and finely powdered. Powder equivalent to 100 mg of AZA were weighed accurately and dissolved in 50 ml DMF. The solution was filtered through a whatman filter paper. The filtrate and washings were collected in a 100 ml volumetric flask and the solution was made up to the mark with water. This stock solution diluted as per requirement and analyzed using calibration curve method and standard addition method. The results are shown in Table 1.

### Recovery experiment

To determine the percentage recovery of azathioprine, a fixed quantity of azathioprine sample solution was taken and to it was added three different (10, 20, 30  $\mu\text{g}$ ) levels of working standard azathioprine. At each level the polarograms were recorded seven times and the amount of azathioprine was computed using the formula:

$$\text{Percentage recovery} = \frac{N(\sum XY) - (\sum X)(\sum Y)}{N(\sum X^2) - (\sum X)^2} \times 100$$

where  $N$  is the number of observations,  $X$  is the amount of drug added and  $Y$  is the amount of drug obtained. The same procedure was adopted for both the marketed samples of Azathioprine at two different initial concentrations. The average percentage recovery for Azoran was 100.19% and for Imuran was 99.26%.

**Table 1:** Determination of Azathioprine in marketed formulations

Drug sample	Amount of Azathioprine per tablet* (mg)		
	Reported value	Calibration curve method	Standard addition method
Azoran	50.0	50.40 ± 0.23	49.98 ± 0.03
Imuran	50.0	50.80 ± 0.28	50.02 ± 0.15

\*(Avg ±SD) of 5 observations

### CONCLUSION

An easy, simple and rapid DPP method is proposed for the study of azathioprine. In Acetate buffer of pH 5.0 it gives a narrow symmetrical peak and the lowest determinable limit is  $2.8 \times 10^{-7} M$ . The polarographic reduction is diffusion controlled and irreversible. The set conditions can be applied to study marketed formulations. The mass of AZA present per tablet could also be determined. The RMD, SD and CV values obtained were 4.3%, 1.48 and 1.23% respectively. The preparation of the sample solution using the marketed formulations is also simple and no matrix effect is observed. The developed method is sensitive, convenient and can be used for routine analysis.

**Acknowledgement:** The authors are grateful to the Alexander von Humboldt Foundation of Germany for the donation of the Metrohm Polarograph and to RPG Life Sciences, Mumbai, India for providing the drug sample.

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