



Pharmacological Study of New Urolitholytic Drug Flarosukcin in Experimental Immature Rats

Tamara Iermolenko^{1*}, Igor Zupanets², Tatyana Sakharova³

1. Assistant Professor at the Dept of Clinical Pharmacology and Pharmaceutical Guardianship, National University of Pharmacy, Kharkov, Ukraine.

2. Professor, Chairman of the Dept of Clinical Pharmacology and Pharmaceutical Guardianship, National University of Pharmacy, Kharkov, Ukraine.

3. Professor at the Dept of Clinical Pharmacology and Pharmaceutical Guardianship, National University of Pharmacy, Kharkov, Ukraine.

*Corresponding author's E-mail: ermolenko_tamara@mail.ru

Accepted on: 20-05-2013; **Finalized on:** 31-07-2013.

ABSTRACT

Flarosukcin influence on calcium and phosphorus homeostasis in experimental acute renal failure was studied in experimental Vistar immature rats weighing 40 - 50 g. Flarosukcin was administered in two doses: 2.0 ml / kg - effective dose determined in previous studies in cyclic rats, 3.2 ml / kg - dose considering a dose factor corresponding to the age. The drug is proved to be focused upon the recovery of calcium and phosphorus excretion with urine. Flarosukcin contributed to the physiological growth of animal body weight and preserved kidney mass index. Thus, Flarosukcin demonstrated more effective pharmacological properties in a dose of 2.0 ml / kg and had considerable advantages over comparator Canefron N.

Keywords: Flarosukcin, calcium and phosphorus homeostasis, urolithiasis, experimental renal failure, comparator Canefron N.

INTRODUCTION

Urolithiasis tends to be increased in many countries, including Ukraine, predicted to the further growth due to recently changed diet nature and quality (consumption of stabilizers, preservatives, coloring agents, protein food, salt, low daily water consumption, etc.), increased quantity of ecology and social factors affecting directly and indirectly human health.

Urolithiasis relevance is caused by the fact that on the average - 60% diagnosed in able-bodied people of 20-55 age. It should be noted that recently urolithiasis is increasingly observed in children. The conducted studies (E. V. Cherepanova 2008) allowed to allocate urolithiasis risk factors in a pediatric group:

- A family history of risk factors of urolithiasis, urological diseases, especially accompanied by metabolic disorders in stone-forming substances - 68.5% of cases;
- Anomaly in the urinary system - 21.2% of cases;
- living in ecologically unfavorable conditions - 88.5% of cases;
- Parents' bad habits (smoking, alcohol abuse) - 16.6% of cases;
- mother's burdened pregnancy - toxicity (82.7% of cases), intake of antiviral and antibacterial drugs (16.6% of cases).

Kidney disorder due to severe metabolic disorders: hyperoxaluria (8,1-32%) and hyperuricuria (23-35.8%), hypocitraturia (28-44.3%), hypomagnesaemia (6.8-19%) hypercalcemia (36.7-60.9%) of various genesis are combined into a dismetabolic nephropathy group.¹⁻³

Dismetabolic nephropathy common feature is believed to be predominant disorder of the renal interstitium with deposited salts and the further development of fibrosis, disordered trophism of renal tubules and etc. Increased excretion by the kidneys of disordered metabolic products as crystals or conglomerates damages intracellular structures of the epithelial cells of the renal tubules, worsening reabsorption and secretion. Severe crystalluria often leads to concrement formation.

However, in some cases, in patients with urolithiasis no metabolic disorders of lithogenic character are revealed. According to authors, the share of such patients is quite significant from 11 to 36%.⁴⁻¹⁰

In addition, hypercalciuria is not revealed in 50% as one of important lithogenesis risk factor.^{1,11,12}

These observations can be associated with urine glycoproteids able to modulate the calculus formation. These substances are excreted in the urine by tubular epithelial cells and able to accelerate or inhibit the crystal nucleation, growth and aggregation.^{13,14}

They include the Tamm-Horsfall glycoprotein, glycosaminoglycans, uropontine, nephrocalcine, bukinin. All these compounds produced by the renal urothelium are excreted into tubule lumen and in a varying degree included in the crystal matrix.¹⁵⁻¹⁷

Macromolecule effect on lithogenesis is quite complex and is actively investigated.

Crystalline components of urinary stones are formed from uric acid, oxalic acid, and phosphoric acid in the urine in certain hydrogen ion concentration for each stone, with the appropriate urine pH, this index is a leading risk factor for kidney stones.

Conservative treatment of urolithiasis and dismetabolic nephropathy should be focused to eliminate etiological factors and obstruction of urine flow.

The combined treatment includes drugs of different pharmacotherapeutic groups. The conservative urolithiasis therapy includes drugs normalizing urinary pH, dissolving stones, anti-inflammatory, antibacterial and analgesic drugs. To success this therapy should be systematical and long. It uses herbal drugs.¹⁸⁻²⁰

Drug plants differ by chemical compound and contain a large number of biologically (pharmacologically) active substances. The spectrum of drug plant biological activity is determined by sufficient substances of different chemical classes and groups available in almost every drug plants (essential oils, flavonoids, polyphenols, polysaccharides, etc).

Biologically active substances of drug plants have a diuretic, antispasmodic, antimicrobial, membrane-stabilizing, nephroprotective and other actions. For example, Canephron N, Chophytol, Lespenephрил and etc are widely used in the kidney and urinary tract treatment in children.

In addition, biologically active compounds of drug plants reduce proteinuria, normalize nitrogen metabolism. Thus, frequently, in spite of the diuretic effect of herbs, they are able to restore the ionic balance.²¹⁻²⁵

Thus, drugs to treat kidneys and urinary tracts in children should have the following types of actions: to normalize protein, nitrogen and electrolyte metabolism, to maintain urine pH within a physiological range of values preventing lithogenesis, to restore glomerular filtration and tubular reabsorption, and to show antispasmodic and diuretic activity, reducing the urinary tract obstruction and increasing decay product excretion.

The aim of our research was to investigate the effect of new original drug Flarosukcin ("JSC SPC "Borschagivsky Pharmaceutical Plant", Kiev, 120207 Series) on electrolyte metabolism in immature animals with experimental renal failure.

MATERIALS AND METHODS

Flarosukcin was previously studied and found to show a significant effect, to normalize renal function in experimental cyclic rats.^{26,27}

Its influence on the experimental renal failure in immature animals was of interest to investigate.

CanephronN solution (Bionorica, Germany, 0705001738 series) common for pediatric nephrology was used as a comparison drug.

The animal use for scientific and research purposes provides humane care of animals (Law of Ukraine "On the Prevention of Cruelty to Animals," 2006, European Convention for the Protection of Vertebrate Animals used for research and other scientific purposes, Strasbourg, 1986).

All studies were conducted in accordance with modern scientific standards, provided all ethical aspects of the humane care of animals in researches (report of the National Pharmacy University Bioethics Committee No.11 of 16.11.2011).

Experimental studies were conducted in Vistar immature albino rats of both genders, aged from 0.5 to 1 month, which corresponds to 2-7 year old children, weighing 40-50 g. The animals had access to water and were kept on a standard diet.

The experimental renal failure was modeled by a single intramuscular injection of 50% glycerol solution at 10 ml / kg ("glycerol" model of acute renal failure). The literature reports that a single intramuscular injection of the said glycerol dose in animals causes oliguria, decreases glomerular filtration and tubular reabsorption, develops azotemia. These disorders are associated with development of renal cortical ischemia, swelling of the convoluted tubule epithelium, function disorder.^{28, 29, 30}

Investigated Flarosukcin was administered to the animals intraperitoneally daily by gavage for 14 days. This period of time was selected basing on the literature, testifying that the maximum changes in renal function in experimental renal disease were developed to the 14-16th day, then by the 21-24th day changes were decreased, but by the 28-30th day - renal function was almost completely normalized.^{31, 32}

Flarosukcin was administered in immature animals in two doses: 2.0 ml / kg - effective dose determined in previous studies in cyclic rats, 3.2 ml / kg - dose considering a dose factor corresponding to the age.³³

Comparator Canephron N was administered to the animals in a dose of 1.0 ml/kg. A comparison drug dose is defined according to the leaflet taking into account the species sensitivity index by R. Rybolovlev.³⁴

The animals were divided into 5 groups (n = 8): 1 - intact animals; 2 - control pathology (intramuscular injection of 50% glycerol solution), 3 - pathology + Flarosukcin in a dose of 2,0 ml / kg; 4 - pathology + Flarosukcin of 3.2 ml / kg; 5 - pathology + Canephron N in a dose of 1.0 ml / kg.

Influence of the investigated drug on calcium and phosphorus homeostasis was studied by values of the calcium and phosphorus content in blood and daily urine using the standard set "Felicite-Diagnosis" (Ukraine).

Once the experiment was completed, the animals were humanely euthanatized with thiopental anesthesia. The kidney was weighed followed by the mass index calculating.

Statistical analysis was made using the statistical software «Primer Biostatistics», «Sigmastat» (USA, 1994). Statistical significance of intergroup differences was evaluated using Student's t-distribution. Changes were considered as significant at $p \leq 0.05$.



RESULTS AND DISCUSSION

Flarosukcin influence on calcium homeostasis

The kidneys are known to play a key role in the calcium metabolism. Renal failure is characterized by a decrease in glomerular filtration rate and volume of filtered liquid, in this connection calcium excretion by the kidneys is disordered.

The study revealed (Table 1) that a single intramuscular injection of 50% glycerol solution resulted in a slight decrease in blood calcium by 14.5% in the pathology control group comparing to the intact animals, however, were within the physiological range. At the same time, daily calcium excretion was decreased. Calcium in immature rats' urine in this group was reduced comparing to the intact control by 1.8 times.

Flarosukcin administration in a dose of 2.0 ml / kg in pathology development maintained the calcium concentration in the blood at the intact group level and at the same time increased the calcium excretion through the kidneys at the intact group level.

Flarosukcin administration in a dose of 3.2 mg / kg also maintained the calcium concentration in the blood at the intact group level, but calcium was more intensively excreted through the kidneys - by 22% higher than at the intact control group.

Comparator Canephron N in contrast to Flarosukcin does not increase urinary calcium excretion through the kidneys in experimental renal failure. The calcium level in the urine at this group was by 1.8 times lower than at the intact control by the 14th day of the experiment.

Thus, the experimental renal failure development caused hypercalciuria. Investigated Flarosukcin in both doses contributed to increased calcium excretion. Thus, Flarosukcin dose of 3.2 ml / kg more intensively excretes calcium comparing to a dose of 2.0 ml /kg, which may lead to the hypercalciuria development.

Comparator drug did not restore the daily calcium excretion.

Flarosukcin influence on phosphoric homeostasis

Calcium and phosphorus exchange is interconnected. Increased calcium intake with food is accompanied by decreased phosphorus excretion in the urine. Increasing

the blood phosphorus concentration is apparently caused by the hypercalcemia effect releasing intracellular phosphorus into the bloodstream. At the same time, hypercalcemia can directly affect the kidneys, increasing the tubular phosphorus reabsorption regardless of parathyroid hormone. Restoration of the physiological blood calcium level in the patients with hypoparathyroidism leads to increased phosphorus excretion in the urine. A significant phosphorus inflow in the experimental animals after parathyroidectomy induces a decrease in tubular phosphorus reabsorption, associated with concomitant decreased calcium concentration in the blood. Therefore, maintaining a constant calcium level can compensate disordered phosphorus reabsorption. The high catabolism with increased tissue destruction and the metabolic acidosis are associated with hypophosphaturia typical for renal failure.³⁵

Thus, the renal insufficiency development is characterized by changes in blood or urine, both of calcium and phosphorus. Therefore to study Flarosukcin influence on the phosphorus balance in immature animals with experimental renal failure was of interest.

According to Table 2 data the phosphorus content in the pathology control animals' blood was not increased and was within physiological range. A daily urinary excretion was reduced by 2.2 times comparing to the intact control, i.e. the experimental renal insufficiency development was accompanied by hypo phosphaturia.

Flarosukcin in a dose of 2.0 ml /kg in the pathology reduced blood phosphorus level to the intact values and increased the daily excretion comparing to the pathology control by 2.3 times that corresponded to the intact values.

Flarosukcin in a dose of 3.2 ml /kg increased the phosphorus excretion through the kidneys by 2.7 times comparing to the pathology group and by 24% more intensively comparing to the intact control.

Comparator Canephron N administered in renal failure showed a similar effect, maintained the blood phosphorus at the intact control level. However, phosphorus excretion in urine was not restored, which correlated with the data obtained at the study of the drug influence on the urinary calcium excretion.

Table 1: Flarosukcin influence on calcium level in experimental immature rats with experimental acute renal failure

| Groups of animals | Dose, ml/kg | Calcium in the blood, mmol/l | Calcium excretion mmol /day |
|-------------------------|-------------|------------------------------|-----------------------------|
| Intact control (n=8) | – | 2.70 ± 0.24 | 77.44 ± 9.55 |
| Pathology control (n=8) | – | 2.31 ± 0.14 | 42.96 ± 10.80* |
| Flarosukcin (n=8) | 2.0 | 2.56 ± 0.15 | 76.28 ± 9.39**/** |
| Flarosukcin (n=8) | 3.2 | 2.50±0.07 | 94.23 ± 14.02**/** |
| Canephron N (n=8) | 1.0 | 2.50 ± 0.15 | 43.92±8.10 [‡] |

* - difference reliability relating to intact control ($p \leq 0.05$); ** - difference reliability relating to pathology control ($p \leq 0.05$); *** - difference reliability relating to comparative drug ($p \leq 0.05$).



Table 2: Flarosukcin influence on phosphorus level in experimental acute renal failure in experimental immature rats

| Groups of animals | Dose, ml/kg | Phosphorus in the blood, mmol/l | Phosphorus excretion mmol /day |
|-------------------------|-------------|---------------------------------|--------------------------------|
| Intact control (n=8) | – | 2.48 ± 0.103 | 142.10 ± 19.20 |
| Pathology control (n=8) | – | 2.60 ± 0.058 | 64.45 ± 20.30* |
| Flarosukcin (n=8) | 2.0 | 2.43 ± 0.081 | 147.24 ± 11.10**/** |
| Flarosukcin (n=8) | 3.2 | 2.40±0.072 | 176.36 ± 18.67**/** |
| Canephron N (n=8) | 1.0 | 2.47 ± 0.072 | 59.27±12.10 † |

* - difference reliability relating to intact control ($p \leq 0.05$); ** - difference reliability relating to pathology control ($p \leq 0.05$); *** - difference reliability relating to comparative drug ($p \leq 0.05$).

Table 3: Changes in body weight and kidney weight ratio when using Flarosukcin

| Groups of animals | Dose, ml/kg | Animal body weight, g | | Kidney weight ratio, % |
|-------------------------|-------------|-----------------------|-----------------------------|------------------------|
| | | initial | on the 14 th day | |
| Intact control (n=8) | – | 47.14±1.84 | 80.70±2.02* | 0.246±0.009 |
| Pathology control (n=8) | – | 46.25±1.57 | 55.63±2.58† | 0.600 ± 0.056 |
| Flarosukcin (n=8) | 2,0 | 46.88±0.92 | 75.00±1.63**† | 0.243±0.01* **/** |
| Flarosukcin (n=8) | 3,2 | 44.38±4.93 | 66.88 ± 1.87†/** | 0.318 ± 0.013†/** |
| Canephron N (n=8) | 1,0 | 45.00±1.60 | 65.50 ± 2.32†/** | 0.326 ± 0.02†/** |

* - difference reliability relating to intact control ($p \leq 0.05$); ** - difference reliability relating to pathology control ($p \leq 0.05$); *** - difference reliability relating to comparative drug ($p \leq 0.05$).

Flarosukcin influence on body weight gain in immature rats and Kidney weight index in experimental renal failure

Based on the study results presented in Table 3, the pathology control animals' body weight was decreased on the 14th day of the experiment by 31% comparing to the intact animals. Kidney weight ratio was increased by 2.4 times, indicating the renal disease development.

Flarosukcin administration in a dose of 2.0 m /kg in pathology increased the animals' body weight by 60% and almost reached the intact control values. Kidney weight ratio was not proved to differ from the intact control.

Flarosukcin administration in a dose of 3.2 ml /kg increased animals' body weight by 51%. However, did not reach the intact animals' values - by 17% less. Kidney weight ratio was decreased comparing to the pathology control by 1.9 times, but did not reach intact animals' values, exceeding by 29%.

Comparator Canephron N also increased the animals' body weight by 46%, relatively to baseline, but did not reach the intact group values. Kidney weight ratio when using the comparator drug was decreased comparing to the pathology group by 1.8 times, but did not reach the intact group values, exceeding by 33%.

CONCLUSION

1. Hypercalciuria and hypo phosphaturia are observed in experimental "glycerol" acute renal failure.
2. Flarosukcin provides a positive effect on calcium and phosphorus homeostasis in experimental renal failure, shows a pronounced protective action, provides the physiological body weight gain in animal and preserves the kidney weight ratio.
3. Flarosukcin in a dose of 2.0 ml /kg has more pronounced effect reliably exceeding the comparative drug action.

REFERENCES

1. Levy FY, Adams-Huet B, Pak CY, Ambulatory evaluation of nephrolithiasis an update of a 1980 protocol, *Am J. Med.*, 1, 98, 1995, 50-59.
2. Hess B, Hasler-Strub U, Ackermann D, Jaeger P, Metabolic evaluation of patients with recurrent idiopathic calcium nephrolithiasis, *Nephrol Dial Transplant*, 12,1997, 1362-1368.
3. Pak CY, Poindexter JR, Adams-Huet B, Pearle MS, Predictive value of kidney stone composition in the detection of metabolic abnormalities, *Am J Med.*, 1, 115, 2003, 26-32.
4. Breslau NA, Pak CYC, *Metabolic evaluation, Stones Clinical Management of Urolithiasis*, Ed RA Roth, B Finlayson, Baltimore, London, Williams &Wilkins, 1983, 168-180.

5. Abraham PA, Smith ChI, Medical Evaluation and Management of Calcium Nephrolithiasis, *Med.Clin. of North, Am*, 2, 68, 1984, 281-299.
6. Ettinger B, Does hyperuricosuria play a role in calcium oxalate lithiasis?, *J.Urol*, 2, 141, 1989, 738-741.
7. Liatsikos FN, Bernardo NO, Dinlenc CZ, Kapoor R, Smith AD, Caliceal diverticular calculi is there a role for metabolic evaluation?, *J.Urol*, 1, 164, 2000, 18-20.
8. Sutherland JW, Parks JH, Coe FL, Recurrence after a single renal stone in a community practice, *mineral Electrolyte Metabolism*, 11, 1985, 67-69.
9. Strauss AI, Coe FI, Parks JH, Formation of a single calcium stone of renal origin, *Clinical and Laboratory characteristics of patients*, *Arch Intern Med*, 3, 142, 1982, 504-507.
10. Orakzai N, Hanbury DC, Farrington K, Screening for biochemical abnormalities in urolithiasis patients, *J Ayub Med Coll Abbottabad*, 2, 16, 2004, 60-62.
11. Freitag D, Hruska K, The nephrolithiasis pathophysiology, kidney and homeostasis in normal and pathological conditions. Translated from English, Ed Clara C, Moscow, *Medicine*, 1987, 390-420.
12. Yagisawa T, Hayashi T, Yoshida A, Kobayashi Ch, Okuda H, Ishi-kawa N, Toma H, Comparison of Metabolic Risk Factors in Patients with Recurrent Urolithiasis Stratified according to Age and Gender, *EurUrol*, 38, 2000, 297-301.
13. Baumann JM, Affolter B, Caprez U, Gluck Z, Weber R, Stabilization of calcium oxalate suspension by urinary macromolecules, probably an efficient protection from stone formation, *Urol.Int*, 3, 79, 2007, 267-272.
14. Baumann JM, Affolter B, Meyer R, Crystal sedimentation and stone formation, *Urol Res*, 1, 38, 2010, 21-27.
15. Atmani F, Opalko I J, Khan SR, Association of urinary macromolecules with calcium oxalate crystals induced in vitro in normal human and rat urine, *Urol Res*, 1, 24, 1996, 43-53.
16. Hojgaard I, Fornander A M, Nilsson MA, Tiselius HG, Crystallization during volume reduction of solutions with an ion-composition corresponding to that in the distal tubuli, *Scanning Microsc*, 2, 10, 1996, 487-497.
17. Maslamani S, Glenton PA, Khan SR, Changes in urine macromolecular composition during processing, *J Urol*, 164, 2000, 230-236.
18. Lyulko O B, Stus V P, Dniprova O A, Molchanov R N, Blemaren effect on the results of the distance litotripsy in patients with urate and oxalate urolithiasis, *Urologiya*, 4, 1999, 28-31.
19. Korovina NA, Zakharova IN, Zaplatnikov AL, Mumladze EB, Goryaynova AN, Pharmacotherapy of urinary infections in children. Guide for pediatricians, Moscow, *Medical practice*, 2006, 99.
20. Prahin EI, Reushev M Yu, Borozdun SV, Evert L S, Oxalate and Calcium Nephrolithiasis in children, *Pediatrics*, 2, 2004, 67-70.
21. Sukalo AB, Krokhhina CA, Tour NI, Canephron use in the complex therapy of urinary tract infections in children, *Medical News*, 11, 2004, 84-86.
22. Gulyaev VG. Hypoazotemic properties and mechanism of bioflavonoid and antihypoxant action at the treatment of acute and chronic renal failure [dissertation]. Medical University, Kiev (1989), 8-27.
23. Gulyaev VG, Hypoazotemic and diuretic effects of Lespeflan in acute renal failure, *Urology and Nephrology* 4, 1993, 32-34.
24. Gulyaev VG, Use of Lespeflan, a new herbal drug in Nephrology, *Medical Assistance*, 2, 1994, 47-49.
25. Sokolova VE, Lyubartseva LA, Artichoke effect (Cynara Scolymus) on some aspects of nitrogen metabolism in animals, *Pharmacol and Toxicol*, 3, 1970, 340.
26. Iermolenko TI, Zupanets IA, Study the new original drug Flarosukcin effect on urolithiasis at experiments, *Bukovinsky Medical Journal*, 3 (63), 2, 2012, 116-118.
27. Iermolenko T, Zupanetz I, Lesovoy V, Preclinical Study of Nephroprotective Properties of Flarosukcin, new Urolitholytic Drug, *IJPSRR*, 2, 19, 2013, 1-6.
28. Wilson DL, Thiel G, Arce ML, Oken DE, Glycerol induced hemoglobinuric acute renal failure in the rats. III. Micropuncture study of the effects of mannitol and isotonic saline on individual nephron function, *Nephron*, 6, 4, 1967, 337-355.
29. Westenfelder C, Crawford PA, Hamburger RK, Tubular function in glycerol-induced acute renal failure in rats: effect of saline loading and prior acute renal failure, *ClinSci*, 6, 62, 1982, 667-676.
30. Ahmed HMS, Sayed ME, Prophylaxis against hemolytic and nephrotoxic effect of glycerol in rabbits, *J Egypt Med Assoc*, 1-6, 63, 1980, 95-106.
31. Milne MD, Renal pharmacology, *Annual Rev Pharmacol*, 5, 1965, 119-136.
32. Boissier JR, Simon P, Lwoff JM, Breteau M, Action d'un sulfamidediuretique (clopamide) chez rats en insuffisance renale chronique experimentale, *Therapie*, 2, 20, 1965, 393-399.
33. Rozanova VA, Essays on the experimental age pharmacology, Leningrad, *Medicine*, 1968, 223.
34. Rybolovlev Yu P, Rybolovlev R S, Dosage of substances for mammals by constants of biological activity, *Reports AH the USSR*, 1979, 6, 1513-1516.
35. Beckman MJ, Johnson JA, Goff JL, The role of dietary calcium in the physiology of vitamin D toxicity: excess dietary vitamin D3 blunts parathyroid hormone induction of kidney 1-hydroxylase, *Arch Biochem Biophys*, 319, 1995, 535-539.



Corresponding Author's Biography: Ms. Tamara Iermolenko

Ms. Tamara Iermolenko has graduated from and finished a postgraduate at National University of Pharmacy, Kharkov, Ukraine. She has 8 year experience of teaching activity. Currently she works as assistant professor the Department of Clinical Pharmacology and Pharmaceutical Guardianship, National University of Pharmacy.

Co-Author's Biography: Prof. Igor Zupanets

Prof. Igor Zupanets has finished doctoral candidacy at Kharkov Medical University. He has 27 year experience of teaching and scientific activity at National University of Pharmacy. Since 1993 he has worked as Chairman of the Department of Clinical Pharmacology and Pharmaceutical Guardianship. He is involved into principle researches over chondrotropic properties of biologically-active substances. He has prepared 3 doctors of sciences, 17 Candidate sciences. He is co-developer of 13 original medications, author of 476 scientific papers, including 18 monographs, 12 textbooks, and 39 manuals.

Co-Author's Biography: Prof. Tatyana Sakharova

Prof. Tatyana Sakharova has graduated from National University of Pharmacy, Kharkov, Ukraine. She has 23 year experience of teaching and scientific activity at National University of Pharmacy. Since 2003 she has worked as assistant professor and then as professor of the Department of Clinical Pharmacology with Pharmaceutical Care. The scope of her scientific interests is involved into pharmacology of natural polyphenols. She is co-developer of 3 original medicines, author of 228 scientific papers, including 2 monographs, 5 textbooks, and 18 manuals.

Source of Support: Nil, Conflict of Interest: None.